

# February 2020 Newsletter

IN HONOR OF AMERICAN HEART MONTH 2020, CNSA PRESENTS:

## HANDS ONLY CPR CHAPTER CHALLENGE

This February, hold a hands only CPR training event in your community. The chapter who submits the most signups will be featured on our instagram and website at the end of the month!



## Community Health

### Hands only CPR Chapter Challenge

#### February Toolkit

Learn more about how to teach hands only CPR in our [February toolkit!](#)

#### Mental Health Awareness Letter Writing Campaign- Share Your Story!

Mental health is becoming a more discussed subject, yet many people keep their struggles with mental health hidden. We want to hear from you about how you deal with mental health and any obstacles you have faced.

For more information [click here.](#)

## Year of the Nurse and Midwife 2020

To celebrate the World Health Organization honoring 2020 as “Year of the Nurse and Midwife”, we will be taking time to highlight a nurse each month who has made an impact on the world of nursing.

### January- [Florence Nightingale](#)

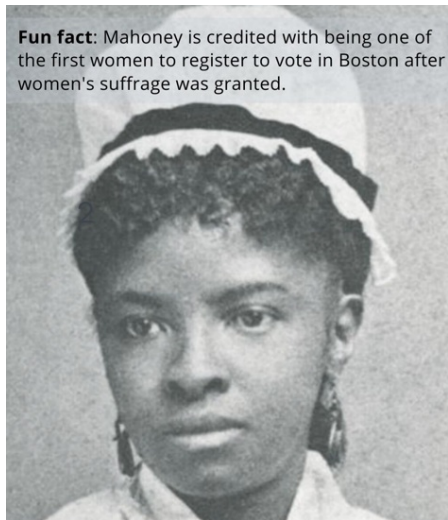


*Florence Nightingale*

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### February- [Mary Eliza Mahoney](#)

**Fun fact:** Mahoney is credited with being one of the first women to register to vote in Boston after women's suffrage was granted.



Mary Eliza  
Mahoney

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

---

## We are delighted to announce a new CNSA website coming soon!

In an effort to improve your experience with the CNSA Website, we would like your feedback! Please [CLICK HERE](#) to share your ideas!

---

## Message from the CNSA President

Dear CNSA Members,

It has been an honor to represent *your* 6,070 nursing student voices in the last few months. I'm happy to introduce to you our new Directors for the remainder of the 2019-2020 term! Adriana Andres Chavez, a student from Sonoma State University has been appointed Convention Director. Edgar Gabrielyan from West Coast University, Los Angeles has been appointed Membership Director South. We warmly welcome them to the CNSA Board and thank you for entrusting us to represent you. The Board appreciates all those who submitted applications to fill these vacancies and encourages your continued passion and engagement with CNSA.

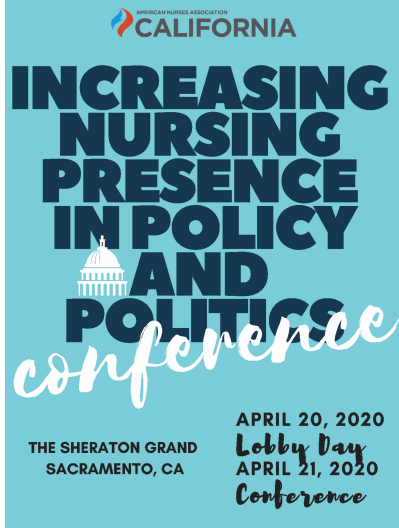
We are all looking forward to meeting you at the NSNA Annual Convention in April! A majority of us will be in attendance so please, come say hello! If you are attending convention and need help navigating your time there, we are here to support you. Likewise, the Board, as well as our State Consultants are here to offer any support possible to endorse and advocate for your attendance.

Sincerely,

Karolina Gasamanian

---

**Nursing Student in  
Sacramento Internship**



The Nursing Student in Sacramento Internship (NSSI) is an incredible 2-day internship that gives California Nursing Students' Association members who are selected as interns a unique hands-on opportunity to learn more about the role of the Registered Nurse in policy and law. This is an unforgettable learning experience!

**Application Deadline: Sunday, March 8, 2020 @ Midnight PST**

**Internship dates: April 20 - 21, 2020.**

[CLICK HERE](#) for the Application!

---

## Upcoming Dates and Information

### March 8

Nursing Students in Sacramento Internship (NSSI)

Application Deadline @ Midnight PST

Email [leg@csna.org](mailto:leg@csna.org) for more information

### April 15 - 19

NSNA Convention at Disney's Coronado Springs Resort, Orlando

<https://www.nснаconvention.org/>

### April 20 - 21

Nursing Students in Sacramento Internship (NSSI)

### May 9

Membership Meeting North - Sonoma State University

[north@cnsa.org](mailto:north@cnsa.org)

Membership Meeting South - TBD

[south@cnsa.org](mailto:south@cnsa.org)

---

California Nursing Students' Association | [Website](#)

