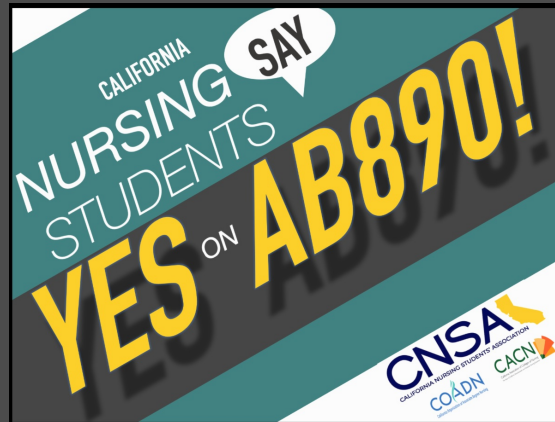
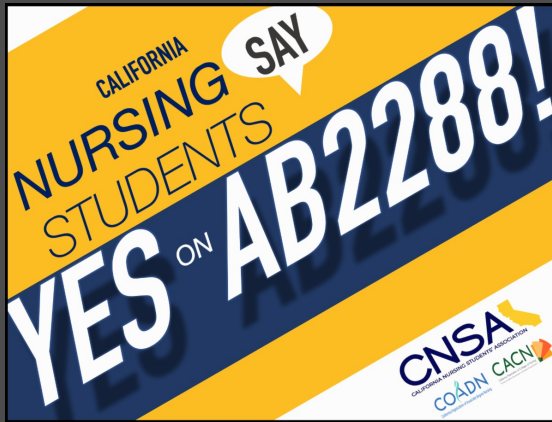


The Shift Report

August 2020



National Black Nurses Association Sponsorship



A chance to get involved with NBNA & CNSA and advocate for students!

Apply today!

As the California Nursing Students' Association Black Lives Matter Subcommittee, we have been granted the privilege of selecting a student to receive a CNSA sponsorship to become a member within the National Black Nurses Association (NBNA). As an organization committed to supporting and advocating for nursing students, we are seeking 7 members that are interested in collaborating with the CNSA Board of Directors and BLM Subcommittee to support the Black community through membership with the NBNA. NBNA's mission is "To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health."

If selected as one of the members to receive a sponsorship to join the National Black

Nurses Association, we are asking that the student be willing to report back to and collaborate with the CNSA Board and BLM Subcommittee in order to initiate further advancements in empowering under-served communities.

[To Learn More Click Here!](#)

Community Health

For the month of August we have a Breastfeeding Toolkit.



The graphic features a light blue background with various baby-related icons: a rattle, a baby's face, a yellow duck, a pacifier, and alphabet blocks with letters A, B, and C. The CNSA logo (California Nursing Students' Association) is positioned above the text 'AUGUST 2020 COMMUNITY HEALTH'. Below this, the title 'BREASTFEEDING AWARENESS MONTH' is written in large, bold, red letters. A red box contains the text 'IN THIS TOOLKIT:' followed by a bulleted list of topics.

CNSA AUGUST 2020
CALIFORNIA NURSING STUDENTS' ASSOCIATION COMMUNITY HEALTH

**BREASTFEEDING
AWARENESS
MONTH**

IN THIS TOOLKIT:

- About National Breastfeeding Month
- Benefits to Breastfeeding
- Infant Feeding Basics
- Common Problems
- Considerations for Nursing Practice
- Lactation Education Resources

[Breastfeeding Toolkit](#)

2020 - Year of the Nurse and Midwife

To celebrate the World Health Organization honoring 2020 as “Year of the Nurse and Midwife”, we will be taking time to highlight a nurse each month who has made an impact on the world of nursing.



Fun fact: Staupers served as the first executive director, and eventually as president, of the National Association of Colored Graduate Nurses (NAGN).

Mabel Keaton Staupers

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						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

For the month of August, we would like to highlight Mabel Keaton Staupers. Mabel immigrated to the United States from Barbados at age thirteen. To learn more about Mabel Keaton Staupers [CLICK HERE](#).



Seeking All Resolution Writers!

Are you passionate about an issue in healthcare? Would you like to make a difference at the state, and possibly national level?

A resolution is a great way to make change or increase awareness of issues you are passionate about. The number of issues and topics to choose from are endless.

Why write a Resolution?

- Resolutions help increase awareness and/or create change in legislation, and when adopted by CNSA they become the basis of policies, priorities and actions of CNSA.
- Resolutions are position papers that address pertinent issues which direct the priorities of the organization in which it was passed.
- These position papers represent matters of importance to CNSA constituents, members, chapters, nursing and/or the health needs of the public.

These resolutions are presented at CNSA State Convention and may be presented at National Convention. In addition to all the benefits of making an

influence in healthcare, these resolutions can also be added to your personal portfolio!

1st Draft Deadline - August 21st
Final Draft Deadline - September 11th

If you have any questions regarding the process, feel free to contact CNSA's Legislative Director, JR via email leg@cnsa.org.



Pre-slating for positions opens August 5th! You will have the choice of running for one of the Executive positions (President, VP, Secretary/Treasurer) or for a general Board Director position. Those who pre-slate by **September 5, 2020** will gain access to perks including:

- A spot in an exclusive webinar covering successful campaign strategies and networking skills
- One-on-one mentorship from a current CNSA board member
- Promotion of your campaign on official CNSA social media accounts

If you are interested in having our President and/or Vice President speak at one of your chapter meetings via Zoom to go in depth about CNSA opportunities, please email vp@cnsa.org for more information.

Check Out the Upcoming Webinars!



CNSA Executive Officer Webinar
Sunday, August 9th at
2pm (PT)

[Register Here!](#)

CNSA Board Director Webinar
Wednesday, August 12th at
2pm (PT)

[Register Here!](#)

Managing Stress & Self Care
Friday, August 14th at
4pm (PT)

[Register Here!](#)

Get Your CNSA Apparel!



Graduation Cords: \$15/each
Pins: \$6/each
[CLICK HERE](#) to order!

We have opened an online store.
[CLICK HERE](#) to shop!



Celebrate your Accomplishments! Order yours today!



CNSA is pleased to announce our speaker lineup for this year's virtual Annual Convention! Our outstanding lineup includes the following speakers:

- Shanna Chapman DNP, FNP-C, FAANP, APRN
- Adrian Espinoza, MPH, MS, RN, PHN, FNP-BC
- Amanda Guarniere, NP
- Lacey Magen, RN, BSN
- Loretta Melby, RN, MSN from the BRN
- Sharrica Miller, PhD, RN
- Cathy Parkes BSN, RN, CWCN, PHN
- Amanda Princz, BSN, RN
- Dr. Dan Weberg from Trusted Health
- Laura Wiley, RN, BSN
- Hez Wollins, MSW, LCSW

From the keynote address to the panel of nurse leaders, you will be motivated to accelerate your development and build your skills as a future nurse leader. We have professionals from companies and schools coming to share their expertise and experience on current issues and topics. Stay tuned over the next couple of weeks to get to know our speakers better.

We hope to see you there!

thank you

Thank you to the following companies for supporting the 2020 Annual Convention:

UCLA School of Nursing

University of Phoenix

EXHIBIT/SPONSOR OPPORTUNITIES

Interested in participating as an Exhibitor or Sponsor?
Applications are now available!

If you have any questions please contact Sara Shippy at sara@cnsa.org.

[CLICK HERE FOR AN APPLICATION!](#)



CNSA is partnering with ANA California in their #MaskUp Campaign to spread awareness about the importance of wearing a mask to stop the spread of COVID-19. Show your support by posting a picture of yourself wearing a mask, tell us who you wear a mask for, and don't forget to tag us @cnsaofficial. CNSA members who participate have a chance to win up to \$100 in CNSA apparel! Make sure to post your pictures before the end of August so you have a chance to win!

HAVE YOU HEARD?

The Board of Directors is excited to announce the launch of our new website!

[Visit our Website!](#)



Important Information and Updates

August 9

CNSA Executive Committee Webinar @ 2pm

August 12

CNSA Board Director Webinar @ 2pm

August 14

Managing Stress and Self Care Webinar @ 4pm

August 18

Parents in Nursing School Webinar @ 1pm

August 21

Resolution Writing Early Deadline

September 3

Virtual Social ~ Navigating Applications and Criminal Records

September 11

Resolution Writing Final Deadline

October 3 - 4

CNSA Virtual Annual Convention

California Nursing Students Association | [Website](#)

