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The Shift Report November 2024

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CNSA 2024 Convention

November 22 - 24 Santa Clara, CA

Early Registration Deadline Today!

The CNSA 2024 Annual Convention will be held in Santa Clara, November 22 - 24! If you have never participated in the CNSA Annual Convention, this is an amazing opportunity to attend educational sessions, learn about advocacy, receive a variety of training and hands-on skills, and network with nursing leaders that can positively impact their career goals.

Register now to attend the CNSA 2024 Annual Convention! Session highlights include:

- Keynote: Taofiki Gafar-Schaner & Joey Ferry with Frontier Innovations
- Criminalizing Errors with RaDonda Vaught
- Professional Identity in Nursing
- Nurses in Media Training
- NCLEX Review
- Acid Base Review
- EKG Review
- Travel Nursing

- Specialty Nursing Panel
- Faculty Sessions
- and more!

You DO NOT have to be a CNSA Member to attend.
All nursing students, Faculty and friends are welcome to attend.

Click Here for More Information and to Register!

Get Ready to Experience the CNSA Convention Exhibit Hall

Step into the vibrant Exhibit Hall at our CNSA Convention and unlock a world of opportunity! This year, we're thrilled to host a range of exceptional sponsors and exhibitors, including renowned Nursing Associations, leading NCLEX prep programs, and prestigious Colleges and Universities ready to support you at every stage of your nursing journey. Whether you're gearing up for the NCLEX or exploring options for advanced degrees, our Exhibit Hall brings together the resources, advice, and connections you need to reach your goals. This is also a unique chance to connect with fellow student nurses from across California, share experiences, and network with professionals passionate about supporting your success. Imagine the possibilities that could unfold from a conversation or a new contact! Don't miss this opportunity to explore new paths, build relationships, and open doors that can shape your future in nursing.

This place has it all! —see you in the Exhibit Hall!

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achievements and hard work! We have a number of awards and scholarships to give and we would love to celebrate your success including a DAISY Award!

We know many of you have impacted the community or each other through individual efforts and with your school chapter. Click Here for more information. Please email Jemily Choi at awards@cnsa.org with any questions you may have.

The Deadline to Apply is Today! We encourage all CNSA Members to apply.



Join the CNSA State Board

Run for Office and Help Make Your Mark on the Future

Are you passionate about advocating for nursing students and driving positive change in your community? Consider running for an officer position with the California Nursing Students' Association (CNSA). This role offers a unique opportunity to champion the needs of nursing students, support their educational journeys, and influence other nurses across the state.

As a CNSA officer, you'll gain invaluable leadership experience and professional development that will be instrumental in advancing your career. You'll be able to network with other nurses and health care businesses throughout the state. You'll be at the forefront of efforts to enhance resources, address student challenges, and improve the overall nursing student experience in California. Step up, make a difference, and help shape a brighter future for your peers and the nursing profession. Your leadership could be the helping hand to shape and improve the lives of nursing students across California.

We are looking for individuals who value teamwork, have a strong sense of leadership, and are passionate about serving the Board, our school chapters, and members. Please note that you MUST attend Convention to run for a position. Click Here for more info or contact Brooke Skiera at brooke@cnsa.org.

The Esteemed Career of a Nurse Practitioner:

A Journey Toward Advanced Clinical Mastery

Becoming a Nurse Practitioner (NP) represents one of the most distinguished achievements within the nursing profession. This advanced role is held by those dedicated to providing the highest level of patient care through advanced clinical expertise and compassionate service. Nurse Practitioners are highly trained to assess, diagnose, and manage patient health issues, often serving as primary or specialty care providers in a variety of healthcare settings. To reach this status, one must first earn a Bachelor of Science in Nursing (BSN) and obtain licensure as a Registered Nurse (RN). Aspiring NPs then pursue a graduate degree in nursing—either a Master of Science in Nursing (MSN) or Doctor of Nursing Practice (DNP). Passing a national certification exam specific to their chosen specialty solidifies their

role as a fully credentialed NP, ready to meet the demands of today's complex healthcare needs.

The field of Nurse Practitioners is remarkable for its diversity of specialties, each addressing specific patient populations and health needs. Popular areas include Family Nurse Practitioner (FNP), Psychiatric-Mental Health Nurse Practitioner (PMHNP), Pediatric Nurse Practitioner (PNP), Adult-Gerontology Nurse Practitioner (AGNP), and Acute Care Nurse Practitioner (ACNP). Each specialty requires additional certification in its respective field. For example, a PMHNP certification prepares NPs to provide mental health care across the lifespan, while an FNP certification enables them to deliver family care from infancy to older adulthood. Advanced practice certifications, like those for Acute Care, focus on acute medical management, addressing complex health concerns in various clinical environments, including hospitals and emergency care settings. This specialization not only allows NPs to follow their interests but also ensures they bring highly specialized knowledge to their patient care, making them invaluable contributors to healthcare teams.

In addition to the academic and clinical requirements, the role of an NP calls for a unique set of personal skills. Nurse Practitioners are both clinical experts and patient advocates, requiring strong critical thinking, communication, and empathetic engagement. They must make swift, informed decisions and convey complex medical information in a way that is both accessible and reassuring for patients. As leaders within the healthcare system, NPs also collaborate closely with physicians, nurses, and other healthcare providers, ensuring cohesive care that enhances patient outcomes. They take pride in building long-term relationships with patients and play a crucial role in health promotion, disease prevention, and ongoing management of chronic conditions. NPs are more than just providers—they are advocates for health and well-being.

In California, the average salary for a Nurse Practitioner is approximately \$151,830 annually, with potential for growth in specialized fields or private practice. Beyond the financial rewards, a career as an NP offers unmatched fulfillment. Nurse Practitioners are empowered to lead within healthcare, shaping the lives of those they serve and achieving one of the most peak careers in nursing care. For those with the determination to pursue this path, the NP role represents an extraordinary blend of clinical proficiency, patient trust, and a profound impact on individual and community health. For any aspiring nurse looking to reach the highest tiers of healthcare excellence, becoming a Nurse Practitioner is a prestigious and deeply rewarding goal.



From The Career Spotlight Article Author

Hello, everyone! I'm excited to introduce myself as a Board Director for the California Nursing Students' Association (CNSA) and Co-Chair of the Communications Committee. I wanted to extend my heartfelt gratitude to each of you for joining me on this journey through the world of nursing careers. Together, we have uncovered some of the most exciting and impactful specialties within our field—ranging from Neonatal and Surgical Nursing to Forensics and the esteemed Nurse Practitioner

role. Each career path offers unique opportunities and I hope that learning about them has sparked some interest in pursuing a path that truly excites you.

Throughout this year, my goal has been to highlight these remarkable fields and although I couldn't do them all, I hope that I encouraged you to pursue one that aligns with your strengths and perhaps even encouraged you to reach for an advanced certifications and add those well-earned letters after your name. There's something uniquely fulfilling about gaining specialized knowledge, deepening your expertise and seeing the doors it opens, both in your career and in your ability to make a difference in patients' lives. These achievements not only impact our patient care but also shape us into leaders within the nursing profession. I've truly enjoyed writing each article for you, and I'm grateful to all of you for taking the time to read and engage with them. I hope these insights have shown you the wealth of possibilities that a nursing career holds.



Do you want to spotlight your school chapter on CNSA's Social Media? If so, please fill out the form below! CNSA would love to recognize our school chapters for doing exceptional things on their respective campus and community! If you have any questions, please email one of our Communications Chairs, Sixta at sixta@cnsa.org.

Complete Form Here!

Downloadable Resources

Did you know that CNSA Members have access to downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download:



Gender Inclusive Clinical Terminology or Careers Pathway Worksheet

Click Here to Download!





Check Out the CNSA Job Board Connecting Talent with Opportunity!

To search jobs or post a job, CLICK HERE!



Have you heard of Discord?

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

Join Here!



Get Connected and Join CNSA on Remind

Sign up for reminders via the Remind app. Get updates on upcoming events! Text @cnsa2023 to 81010



Get Your CNSA Apparel!



We are excited to announce that we have partnered with Purpose People to open our new Apparel Store!

CLICK HERE and Order your CNSA Apparel Now!

Buy your CNSA Graduation Cords and Pins CLICK HERE to shop!



Celebrate your Accomplishments! Order yours today!

Save the Date:

Early Registration Deadline November 1

Awards & Scholarships Application Deadline
November 1

Mental Health Virtual Event November 2

> Resolutions Hearing November 19

CNSA Annual Convention November 22 - 24

California Nursing Students Association | Website





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