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## ***The Shift Report*** ***October 2024***

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**CNSA 2024 Convention**  
November 22 - 24  
Santa Clara, CA

**Early Registration Deadline: October 18th!**

The CNSA 2024 Annual Convention will be held in Santa Clara, November 22 - 24! If you have never participated in the CNSA Annual Convention, this is an amazing opportunity to attend educational sessions, learn about advocacy, receive a variety of training and hands-on skills, and network with nursing leaders that can positively impact their career goals.

### **Session Highlight**

**Chart Your Path and Discover Your Future**  
**Explore Exciting Nursing Careers at the CNSA Convention!**

Join us at this year's CNSA convention for an enlightening career panel that promises to ignite your passion for nursing! We're thrilled to feature four dynamic career paths: Emergency Nursing with the Emergency Nurses Association (ENA), Surgery through the Association for periOperative Registered Nurses (AORN), Intensive Care Unit (ICU) nursing, and Cardiac Nursing. This is a fantastic

opportunity to gain insights from experienced professionals who will share their journeys, challenges, and triumphs in these vital specialties.

Don't miss your chance to engage directly with our panelists during a Q&A session where you can ask about daily responsibilities, career advancement, and what it takes to thrive in these fields. Whether you're considering a specific area of nursing or simply want to explore your options, this event is an invaluable resource. Get ready to be inspired and informed—this is a career panel you won't want to miss!

Register now to attend the CNSA 2024 Annual Convention!

Session highlights include:

- Keynote: Taofiki Gafar-Schaner & Joey Ferry with Frontier Innovations
- Criminalizing Errors with RaDonda Vaught
- Professional Identity in Nursing
- Nurses in Media Training
- NCLEX Review
- EKG Review
- Pharmacology Review
- Travel Nursing
- Specialty Nursing Panel
- Faculty Sessions
- and more!

**You DO NOT have to be a CNSA Member to attend.  
All nursing students, Faculty and friends are welcome to attend.**

[Click Here for More Information and to Register!](#)

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Don't miss the chance to be recognized for your achievements and hard work! We have a number of



awards and scholarships to give and we would love to celebrate your success including a DAISY Award!

We know many of you have impacted the community or each other through individual efforts and with your school chapter. [Click Here](#) for more information. Please email [Jemily Choi](mailto:awards@cnsa.org) at [awards@cnsa.org](mailto:awards@cnsa.org) with any questions you may have.

**We encourage all CNSA Members to apply.**

[Awards & Scholarships Flyer!](#)

[Daisy Award Flyer!](#)



## Join the CNSA State Board

### Run for Office and

### Help Make Your Mark on the Future

Are you passionate about advocating for nursing students and driving positive change in your community? Consider running for an officer position with the California Nursing Students' Association (CNSA). This role offers a unique opportunity to champion the needs of nursing students, support their educational journeys, and influence other nurses across the state.

As a CNSA officer, you'll gain invaluable leadership experience and professional development that will be instrumental in advancing your career. You'll be able to network with other nurses and health care businesses throughout the state. You'll be at the forefront of efforts to enhance resources, address student challenges, and improve the overall nursing student experience in California. Step up, make a difference, and help shape a brighter future for your peers and the nursing profession. Your leadership could be the helping hand to shape and improve the lives of nursing students across California.

We are looking for individuals who value teamwork, have a strong sense of leadership, and are passionate about serving the Board, our school chapters, and members. Please note that you **MUST** attend Convention to run for a position. [Click Here](#) for more info or contact Brooke Skiera at [brooke@cnsa.org](mailto:brooke@cnsa.org).

## The Thrilling World of ER Nursing: A Career on the Frontlines

If you thrive in fast-paced environments and have a passion for saving lives, a career as an Emergency Room (ER) Nurse might be calling your name. Working in an ER is not just a job; it's an exhilarating adventure where no two days are the same. Here's a closer look at what it takes to become an ER nurse, the rewards and challenges of the job, and how to advance your career in this dynamic field.

To embark on a journey as an ER Nurse, you'll need a solid educational foundation. Most ER nurses start with a Bachelor of Science in Nursing (BSN) or an Associate Degree in Nursing (ADN), But the role demands more than just academic prowess. ER nurses must be:

- Adaptable: Situations can change in the blink of an eye.
- Decisive: Quick judgment is essential, often in life-or-death scenarios.
- Compassionate: Providing emotional support to patients and their families is crucial.
- Detail-oriented: Observing subtle changes in a patient's condition can be vital.

Once you've landed a position in the ER, the journey is just beginning. Continuing education and certifications can open doors to advanced roles and specializations.

Some of the most recognized certifications include:

- Certified Emergency Nurse (CEN): This credential, awarded by the Board of Certification for Emergency Nursing (BCEN), showcases your expertise in emergency nursing.
- Trauma Nursing Core Course (TNCC): Focuses on the care of trauma patients.
- Advanced Cardiac Life Support (ACLS): Critical for managing patients in cardiac emergencies.

Pursuing further education, such as a Master of Science in Nursing (MSN) with a focus on emergency or trauma nursing, can lead to roles like Nurse Practitioner or Clinical Nurse Specialist, significantly enhancing your earning potential. As of 2023, the average salary for an ER Nurse in California hovers around \$120,000 per year, though it can vary significantly based on experience, location, and the specific healthcare facility. In metropolitan areas like Los Angeles and San Francisco, salaries can be even higher, reflecting the demand and cost of living. Joining Organizations like Emergency Nursing Association (ENA) can help with continuing education and networking with others in the field.

Working in an ER is a front-row seat to the unpredictable nature of healthcare. Picture this: you're in the middle of a bustling shift when a motorcycle accident victim arrives. The patient is unconscious and your team springs into action. You quickly assess vital signs, initiate IV fluids, and prepare for emergency surgery. The adrenaline rush is palpable, but so is the camaraderie with your colleagues, each playing a crucial role in stabilizing the patient.

In another scenario, you might find yourself comforting a distressed family member whose loved one is undergoing treatment for a heart attack. Balancing the urgency of medical care with compassion and support is an everyday reality for ER nurses, showcasing their diverse skill set.

This field is very popular and the demand for ER nurses continues to soar. Driven mainly by an aging population and the increasing prevalence of chronic illnesses. The job offers not only a sense of fulfillment but also stability and opportunities for advancement.

If you're considering a career in nursing, especially in the ER, it's a field that promises excitement, growth, and the profound satisfaction of making a difference in people's lives. The journey may be challenging, but the rewards—both personal and professional—are immeasurable. Join the ranks of those who thrive in this fast-paced world, where every day presents a new challenge and a chance to be a hero. Your future as an ER Nurse awaits!

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# CHAPTER SPOTLIGHT

Do you want to spotlight your school chapter on CNSA's Social Media? If so, please fill out the form below! CNSA would love to recognize our school chapters for doing exceptional things on their respective campus and community! If you have any questions, please email one of our Communications Chairs, Sixta at [sixta@cnsa.org](mailto:sixta@cnsa.org).

[Complete Form Here!](#)

## Downloadable Resources

Did you know that CNSA Members have access to downloadable resources? Logging into your profile on the CNSA website will give you access to a variety of resources. You can now download:

**[Gender Inclusive Clinical Terminology or Careers Pathway Worksheet](#)**



[Click Here to Download!](#)

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**[NNU.EDU/GRAD-NURSING](http://NNU.EDU/GRAD-NURSING)**

A banner advertisement for Northwest Missouri State University's nursing program. It features a woman in a white lab coat, the university's logo, and text promoting faith-centered education and a link to the graduate nursing page.

**Check Out the CNSA Job Board  
Connecting Talent with Opportunity!**

To search jobs or post a job, [CLICK HERE!](#)



**Have you heard of Discord?**

This is an app that allows CNSA members to talk, chat and stay connected. Join the community and download the app today!

Join Here!



### Get Connected and Join CNSA on Remind

Sign up for reminders via the Remind app. Get updates on upcoming events! [Text @cnsa2023 to 81010](#)

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Facebook: California Nursing Students' Association



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## Save the Date:

Awards & Scholarships Deadline  
October 18

Resolution Submission Dates and Deadlines  
Final Draft Due October 21

**Mental Health Virtual Event  
November 2**

**CNSA Annual Convention  
November 22 - 24**

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California Nursing Students Association | [Website](#)



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